- **8**. The first medical device of claim **7**, wherein said database comprising user profile information.
- **9**. The first medical device of claim **7**, wherein said database comprising information relating to said at least one item
- 10. The first medical device of claim 7, wherein said database is a learning database.
- 11. The first medical device of claim 1, further comprising a display for displaying at least a portion of said information.
- 12. A first medical device configured for remotely controlling a second medical device, the first medical device comprising:
 - a scanner for reading nutritional information corresponding to at least one item; and
 - at least one processor configured to:

one item to be used by a user;

- process nutritional information corresponding to the at least one item;
- determine acceptability of said at least one item; receive input of an estimate of amount of said at least
- estimate a bolus amount of insulin required by said user based upon at least one blood glucose value; and communicate an acceptability of said at least one item to said user.

- 13. The first medical device of claim 12, wherein said second medical device is an infusion device.
- 14. The first medical device of claim 12, wherein said second medical device comprising a glucose monitoring device.
- 15. The first medical device of claim 12, wherein said first medical device further comprising a cell phone.
- 16. The first medical device of claim 15, wherein said first medical device further comprising a blood glucose meter.
- 17. The first medical device of claim 12, wherein said first medical device is a glucose monitoring device.
- **18**. The first medical device of claim **12**, wherein the processor further configured to compare said scanned information to a database.
- 19. The first medical device of claim 18, wherein said database comprising user profile information.
- 20. The first medical device of claim 18, wherein said database comprising information relating to said one item.
- 21. The first medical device of claim 18, wherein said database is a learning database.
- 22. The first medical device of claim 18, further comprising a display for displaying at least a portion of said information.

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